

FHHD HYPNOSIS CONFERENCE 2027

4–7 March 2027 · CABINN Copenhagen

Four days of hypnosis, workshops, demonstrations, professional development, international perspectives and community.

THURSDAY, 4 MARCH

Street Hypnosis in Copenhagen

4:30–5:00 PM · Registration & Welcome

5:00–6:30 PM · Street Hypnosis Workshop

Michael Beligiannis DK & James Brown GB

A 90-minute workshop exploring communication, rapid inductions, ethics, safety and demonstrations.

6:30–approx. 10:00 PM · Street Hypnosis in Copenhagen

We take what we have learned out into the streets of Copenhagen for hands-on practice together with Michael and James.

FRIDAY, 5 MARCH

Change, Creativity & New Perspectives

8:30–9:00 AM · Registration

9:00–9:30 AM · Official Welcome

Welcome by the FHHD Chair and Board.

9:30–10:30 AM · Bent & Heidi DK

BTI: When Change Doesn't Have to Take a Long Time

A new understanding of Brief Targeted Interventions.

Lecture · 60 min. · Danish

☕ 10:30–10:45 AM · Coffee Break

10:45 AM–12:15 PM · Dr. Anemona Peres PT

Shrink the Inner-Critic with Hypno-Physis - through DMN down-regulation and parts work. A hypnotherapeutic approach for working with the core of trauma

Workshop · 90 min. · English

🍽️ 12:15–1:15 PM · Lunch

1:15–2:15 PM · Garry Coles GB

When Therapy Takes an Unexpected Turn

Thinking Outside the Box When Clients Surprise You

Lecture · 60 min. · English

2:15–2:30 PM · Break

2:30–4:00 PM · Jørgen Rasmussen NO

Turning Hypnosis Upside Down

Workshop · 90 min. · English

4:00–4:15 PM · Break

4:15–5:15 PM · James Brown GB

Magic · Suggestion · Psychology

Lecture · 60 min. · English

Friday Evening

A Night Out in Copenhagen 🍷🎤

There will be no official conference dinner on Friday.
Instead, we invite you to go out for dinner in

Copenhagen, networking and karaoke for those who would like to come along.

SATURDAY, 6 MARCH

From Fairy Tales to the Future of Hypnosis

8:30–9:00 AM • Registration

9:00–10:00 AM • Brian John McCullen Dahl DK

Early Childhood Hypnosis Through Fairy Tales

Lecture • 60 min. • English

 **10:00–10:15 AM • Coffee Break**

10:15–11:45 AM • Frankie Mooney 🇩🇰

Psychotechnology: From Hypnosis to Synthetic Cognition

Workshop • 90 min. • English

 **11:45 AM–12:45 PM • Lunch**

12:45–2:15 PM • Christophe Dierckx BE & Morten Hansen DK

Simpson Protocol • Flow of Life

Live demonstrations and workshop.

90 min. • English with ongoing Danish interpretation and support

 **2:15–2:30 PM • Conference Photos**

Speakers, the FHHD Board and participants come together for the official conference photos.

2:30–3:45 PM • Networking & Exhibitors

Meet the speakers, visit the exhibitors, discover books and resources, and make time for the conversations and connections that are an important part of the conference experience.

3:45–5:15 PM · FHHD Annual General Meeting

FHHD members only.



7:00 PM · FHHD Gala Dinner

An evening of dinner, conversation and community, with time to enjoy each other's company outside the conference room.

SUNDAY, 7 MARCH

Practice, International Perspectives & the Body in Hypnosis

8:30–9:00 AM · Registration

9:00–10:00 AM · Ingibergur Þorkelsson is

Centrum: Working with the Client's Higher Level of Mental Capacity

Lecture · 60 min. · English



10:00–10:15 AM · Coffee Break

10:15–11:45 AM · Fredric Maus

Hypnosis for Pain Relief

Practical, Ethical, Neurologically Powerful

Workshop · 90 min. · English

 11:45 AM–12:45 PM • Lunch

12:45–2:15 PM • International Forum 

Hypnosis Around the World

Traditions, Training & the Future

A 90-minute international conversation exploring hypnosis traditions, training and certification, professional organisations, conferences, opportunities, challenges and the future development of hypnosis.

Preliminary participants:

Dr. Anemona Peres  PT

Frankie Mooney  SCO

Christophe Dierckx  BE

Ingibergur Þorkelsson  IS

Garry Coles  GB

Nele  BE, Conference Organiser in Belgium

Jørgen Rasmussen  NO

Moderator to be announced.

2:15–2:30 PM • Closing of the International Programme

We thank our international guests and speakers for being part of FHHD Hypnosis Conference 2027 and wish them a safe journey home.

SUNDAY MASTERCLASS DK

2:30–5:00 PM · Steen Elkær

Beyond the Mind: Bringing the Body into Hypnosis

Body Awareness, Grounding and Therapeutic Presence

A practical closing masterclass exploring how the body can become an active part of hypnotic and therapeutic practice through body awareness, grounding, regulation and therapeutic presence.

Masterclass · 2½ hours including a short break · Danish

5:00–5:15 PM · Thank You for This Year ❤️

We bring four days of hypnosis, learning, experiences and community to a close.

See you again in 2028!